Adding the bead stopper
Place a stopper bead 12 inches from your thread tail. Place a bead on thread and loop back through it. Pull.

1. Begin with a ladder stitch base row.
2. Add 2 beads and sew through the thread bridge connecting the last 2 beads in the base row.
3. Sew back up through the second bead in the second row.
4. Sew down through the first bead in the second row, then back up through the second bead.
5. Add 1 bead and sew through the second thread bridge in the base row. Then sew back up through the new bead.
6. Repeat until you reach the end of the second row.
7. Add 2 beads and sew through the thread bridge connecting the last 2 beads in the second row.
8. Sew back up through the second bead in the third row.
9. Sew down through the first bead in the third row and then back up through the second bead to reinforce the row.
10. Add 1 bead and sew through the second thread bridge in the second row, then back up through the new bead.
11. Repeat until you reach the end of the third row.